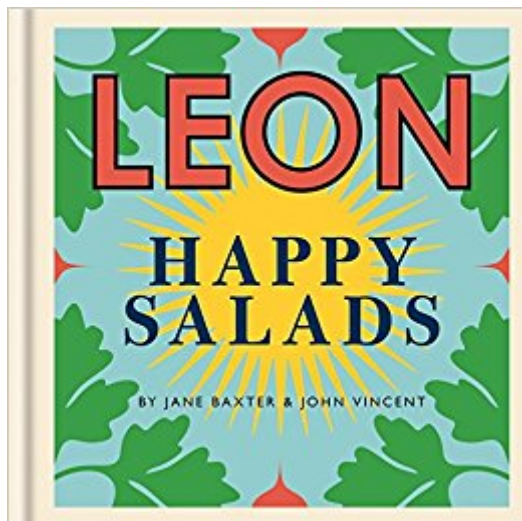


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# LEON Happy Salads (Happy Leons)



## Synopsis

Leon was founded on the twin principles that food can both taste good and do you good. In this book, Leon authors Jane Baxter and John Vincent bring together 100 recipes for fresh, vibrant, delicious salads that will have you feeling healthy and happy. Divided into chapters that include Classics, Naturally Fast, Salads for Friends, Family Salads and Lunchbox, this book contains salads for all tastes and all occasions. Whether you're looking for a bright salad with which to dazzle your friends, or a simple salad to take to the office, this book is a must-have kitchen staple. Recipes include: Pink Quinoa Salad Polish Herring Salad Ham Hock and Lentil Salad Vietnamese Chicken Salad with Rice Noodles Courgetti with Pesto and Grated Ricotta Salata Bacon Fried Corn with Greens, Pork and Crisp Sweet Potato Black Rice Salad with Peas, Egg and a Curry Dressing Asparague, Couscous, Feta & Orange Leon Original Superfood Hot-smoked Salmon, Beetroot, Horseradish & Dill

## Book Information

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## Customer Reviews

When Henry Dimbleby, John Vincent and Allegra McEvedy opened their first restaurant on London's Carnaby Street in July 2004 their aim was to change the face of fast food. Six months after opening, Leon was named the Best New Restaurant in Great Britain at the Observer Food Monthly Awards (by a judging panel that included Rick Stein, Nigel Slater, Heston Blumenthal, Ruth Rogers and Jay Rayner). There are now 24 restaurants serving over 84,000 people a week.

I used 4 recipes and found all delicious .I found some ingredients not available to me .I suspect because I live in northeast .I would be helpful to know substitutions .

Wonderful book, great recipes. Just what I needed. Carmen

great service, perfect product

I didn't know that the measurements would be in ounces and grams. Also, I've been cooking for 40+ years and there are ingredients listed in some recipes that I've never heard of! With no explanations or alternatives listed I have to search online to find out what they are! It does however, have nice photos of the prepared salads and interesting combinations.

My husband and I had the joy of eating at Leon's in London. It was so delicious, fresh, healthy, absolutely yummy! We both stay away from dairy and gluten and this place had so many options for us to choose from, it was hard to decide. My husband also cannot eat almonds and they had desserts specifically listed as such. We can't stop talking about it, someone please open one here in Southern California!! I wanted to buy this cookbook when we were there but did not want to add more weight to the suitcase. I was hoping I would find it here on ! Woo hoo!

Such a great collection of easy to make, high flavor and texture salads. My family loves almost everything I've cooked from it.

Love the book and the salads I have made so far. But BEWARE there is an error, which I found out about after querying with the people themselves. The sweet potato in the French Dressing is an error and should be ignored/left out. Apparently they know about this and have redone the book, but if like me you have an early copy, just put a line through it. I have asked if there are any other amendments I need to make - and am awaiting a reply on this.

Does anyone know what to do with the 1 sweet potato, peeled, in the recipe for "Our French Vinaigrette"? The only directions given are: All the dressings can be whisked together or shaken in a jam jar. Looks lovely otherwise at first glance but I really can't give a high rating to cookbook with such a glaring error.

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